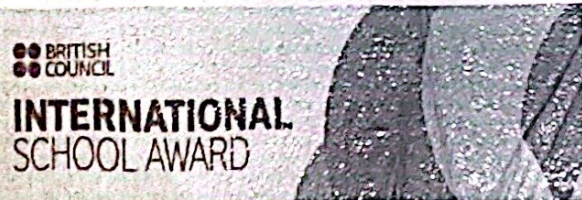
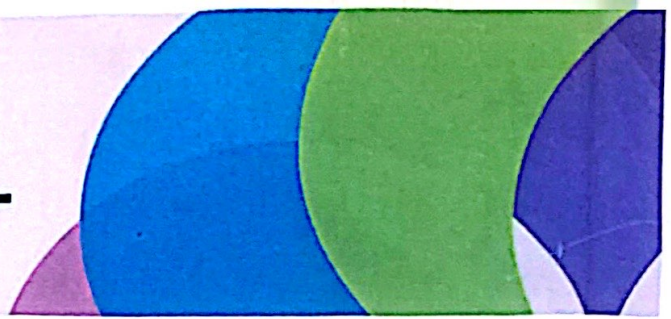


# PROJECT 2

**Cuisines Around the World  
(Collaborative Project)**





## ACTIVITY COVER SHEET

Please complete a separate sheet for each activity

2
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Activity number

School Name: THE AMBASSADORS COLLEGE, OTA, NIGERIA
--

<b>Title of activity:</b>	CUISINES AROUND THE WORLD			
<b>Teacher responsible:</b>	OLAYEMI, BUNMI (MISS)			
<b>Other staff involved:</b>	BLESSING TAIWO, ADEWUSI OLAYINKA, FAVOUR AKANJI, FUNMI JAMES.			
<b>Subjects involved:</b>	FOOD AND NUTRITION, SOCIAL STUDIES, ICT, BIOLOGY.			
<b>Brief details of the aim, content and outcomes of the activity:</b>	Aim: THE PROJECT WAS AIMED AT ENABLING THE STUDENTS TO EXPLORE DIFFERENT TYPES OF CUISINES AROUND THE WORLD AND TO UNDERSTAND HOW FOOD SERVES AS AN EXPRESSION OF CULTURAL IDENTITY.			
	Activities: A RESOURCE PERSON CAME TO SENTISIED THE STUDENTS ON VARIOUS CUISINES ARROUND THE WORLD AND HOW SOME CIUSINES ARE PREPARED. THE STUDENTS CONDUCTED RESEARCH ON VARIOUS TYPES OF CUISINES THAT EXIST AROUND THE WORLD.THEY ALSO COMPARE AND CONTRAST THE SIMILARITIES AND DIFFERENCES OF SOME CUISINES IN AT LEAST THREE COUNTRIES OF THE WORLD, THEY PREPARED DIFFERENT CUISINES USING RECIPE FOM DIFFERENT CULTURAL BACKGROUND			
	Outcome: STUDENTS UNDERSTOOD HOW SOME INTERNATIONAL DISHES ARE BEING COOKED AND CAN ALSO PREPARE IT THEMSELVES THEY CAN ALSO DIFFRENTIATE AND STATE THE SIMLARITIES BETWEEN SOME INTERNATIONAL DISHES.			
<b>Partner schools and countries name/s:</b>	PODAR INTERNATIONAL SCHOOL CAIE POWAI INDIA.			
<b>Period of the activity:</b>	4 WEEKS (OCTOBER 2ND – OCTOBER 31ST, 2018)			
<b>Number of pupils in the school involved in this activity:</b>	110			
<b>Age of pupils involved:</b>	12-13 YEARS			
<b>Copies of evidence included:</b>	STUDENTS REPORTS, DISPLAY BOARD, PHOTOGRAPHS, TEACHER'S REPORT, AUDIENCE FEEDBACK AND EMAIL TO PARTNER SCHOOL, Video link: <a href="https://youtu.be/aGAN8tJ-OfM">https://youtu.be/aGAN8tJ-OfM</a>			
<b>Number and type of evaluation forms included:</b>	<b>Pupil</b>	<b>Teacher</b>	<b>Parent</b>	<b>Visitor</b>
	14	3	4	3

# PODAR INTERNATIONAL SCHOOL C.I.E

Podar Education Complex,  
Hiranandani Knowledge Park,  
Opp. Dr. L. H. Hiranandani Hospital,  
Powai, Mumbai - 400 076.

Tel.: 022-61326400 E-mail : admin.ciepowai@podar.org  
www.podareducation.org



**PODAR**  
INTERNATIONAL SCHOOL  
MORE THAN GRADES

Dear Sir/Madam,

It was a heart warming experience to interact with your school students through Skype call. Our students were Exhilarated and thrilled to speak to our Nigerian counterparts.

The enclosed folder has the work completed by our students in various form for the theme 'Chronicles of Culture and heritage'.

1. Scrap book (grade 3-4)
2. Greeting card
3. Dragon kite
4. Jamini Roy- Indian heritage Painter

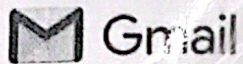
Kindly convey your feedback regarding the same.

Wishing you all a Merry Christmas and a Happy New Year.

Thanks and Regards

*J. H. Malakar*  
Principal,

Podar international (Cambridge international) School, Powai



The Ambassadors College &lt;theambassadorscollegeisa@gmail.com&gt;

**Gentle Reminder**

4 messages

*Email Evidence of Communication*

Sumi Agrawal <sumi.agr@gmail.com> *With Partner School* Thu, Feb 7, 2019 at 9:18 AM  
To: The Ambassadors College <theambassadorscollegeisa@gmail.com>, Shankar Paudel  
<viceprincipal.hilary@gmail.com>, Cécile Aussilloux <cecile.aussilloux@gmail.com>, prm108@yahoo.com, Aditi  
Gangoly <exec.ciepowai@podar.org>

Kindly fill in the forms as we desperately need it to compile our dossier.

Thanks

.....


Dear All,

It was indeed an enthralling experience sharing the activities and our cultural ideas. In regards to the collaborative activities we conducted, I request you to kindly provide a feedback for the same. Please find attached the teacher feedback form which we would like you to fill and share.

I would highly appreciate a prompt feedback as we need it for the records. We are looking forward to such more enriching programs in the near future. Wish you a Merry Christmas and a wonderful New Year.

Thanks and regards  
Ms. Sumi Agrawal  
(Podar International School, Powai)

--  
Sumi Agrawal

 **04\_Different evaluation sheets.pdf**  
95K

The Ambassadors College <theambassadorscollegeisa@gmail.com>  
To: Sumi Agrawal <sumi.agr@gmail.com>

Mon, Feb 25, 2019 at 4:11 PM

Thanks Sumi,  
We received the parcel your school sent to our school.  
Thanks for the hands of strong partnership extended to us.

However, we are sorry delay in response to this mail. The general elections holding in our country currently has affected some of our plan of activity.

Between now and the next weekend, we shall get the filled forms across to you.

Thanks for you time.

[Quoted text hidden]

3/7/2019, 7:43 AM

## **CUISINES AROUND THE WORLD**

### **ACTIVITY ONE TEACHER'S REPORT**

A Chinese couple, Mr and Mrs Yen was invited to educate the students about different cuisines around the world. They sensitized the students on how to prepare Chinese dishes especially a dish called corn meal. It was made of yam, fresh corn, chicken and seasonings. They also taught the students on how to make groundnut sauce. This sauce was made of fresh pepper, groundnut and seasonings. The couple were able to tell the students some differences that exist among cuisines around the world, most especially India and Chinese cuisines.

Students watched video clips of different cuisines from selected countries which are, China, India and Nigeria. These videos enlightened them on the dishes that are peculiar to some countries. After the students watched the video clips, they were able to differentiate between India and Chinese cuisines. In order for the students to have a full understanding of the videos they had watched, some of the students were taken on excursion to Chinese restaurant as they have not been there before. The students ate and watched how the dishes were made. They even learnt how to use chop sticks. The students were able to go to Chinese restaurant alone because no other international or foreign restaurant was around the location.

The students that went on excursion were called to share their experiences with the other students and in the process, they able to teach their mates and some teachers how to use chop sticks.

In all, it was a wonderful experience for the students and the school at large.

Miss Olayemi Oluwabunmi



## ACTIVITY TWO TEACHER'S REPORT

### WORLD FOOD DAY

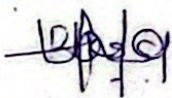
Food is an essential substance consumed to provide nutritional support to an individual. Making it part of ISA activity brought in an international dimension to it. The students were asked to conduct research on recipe for preparing three Nigeria dishes which was sent to a partner school in India. The India students also replicated this by sending recipe for preparing three of their dishes to our students. Our students sent recipe for preparing Gbegiri, Abacha and moi-moi which are our local dishes. The three recipes for cooking the international dishes sent to us were displayed on the notice board.

The students also conducted research to find out the similarities and the differences between the local dishes and international dishes that were prepared by them they find out that some are cold dishes while some are hot dishes and also they learnt that some were served raw without cooking them while some were meant to be cooked before serving it.

October 16th of every year is known as the World Food Day, on the 16th of October 2018 the students prepared various local and international dishes which were exhibited for parents and visitors to see and eat. Most parent and students were excited because they learnt how to use chop stick to take most of the international dishes which they don't know before then.

The essence of celebrating the World food Day is to make the students explore different types of cuisines around the world and understand how food serves as an expression of cultural identity. The students also learnt that foods promote good health and well being of an individual. The objectives of this project was achieved seeing the way most of the students were excited on the World food Day and also from the positive feedbacks gotten from the students after the World Food Day celebration.

TAIWO, Blessing (Miss)



**I.S.A: CUISINES AROUND THE WORLD**



**RESOURCE PERSON SHOWING STUDENTS  
HOW TO MAKE CHINESE FOOD**

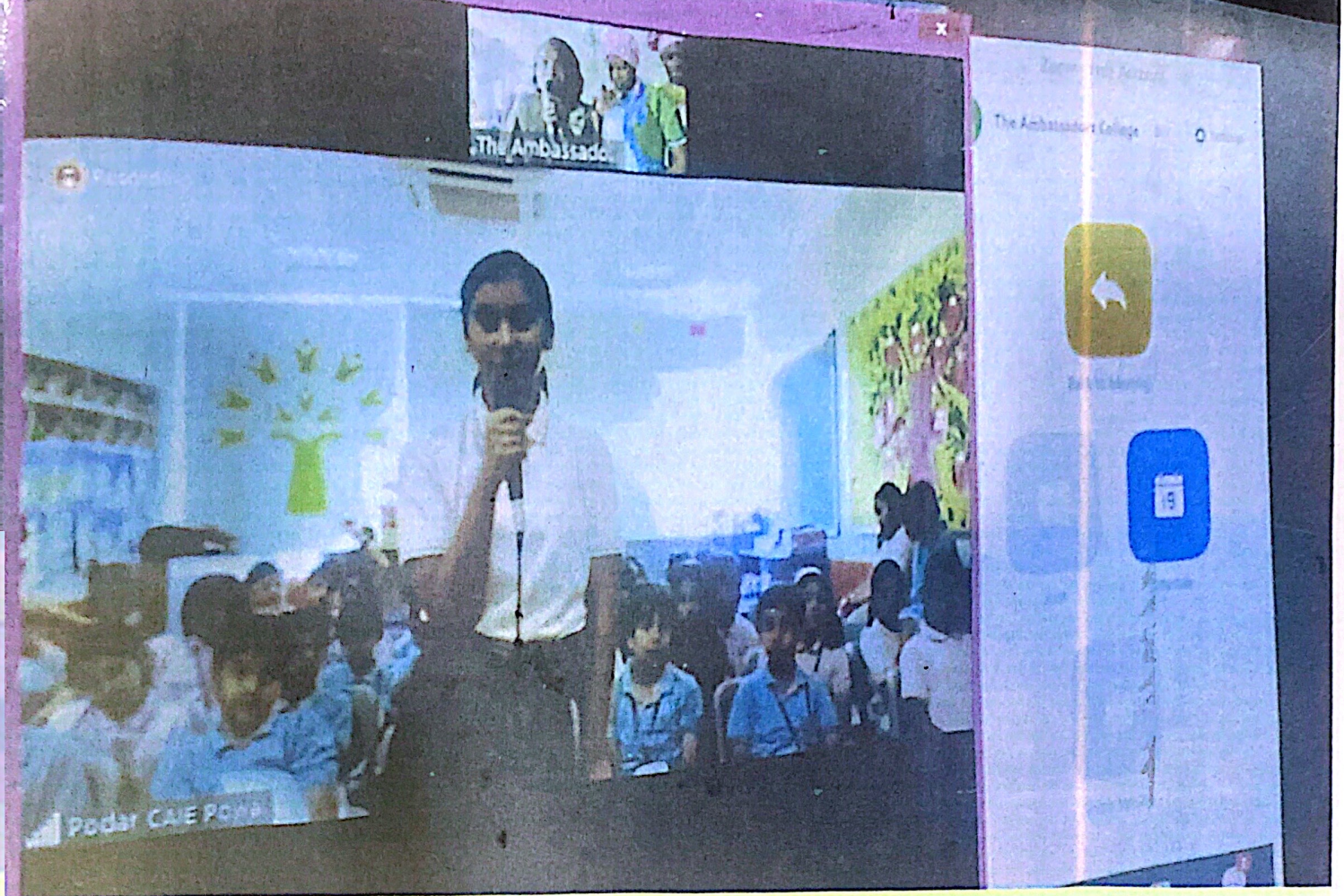
**U.S.A: CUISINES AROUND THE WORLD**



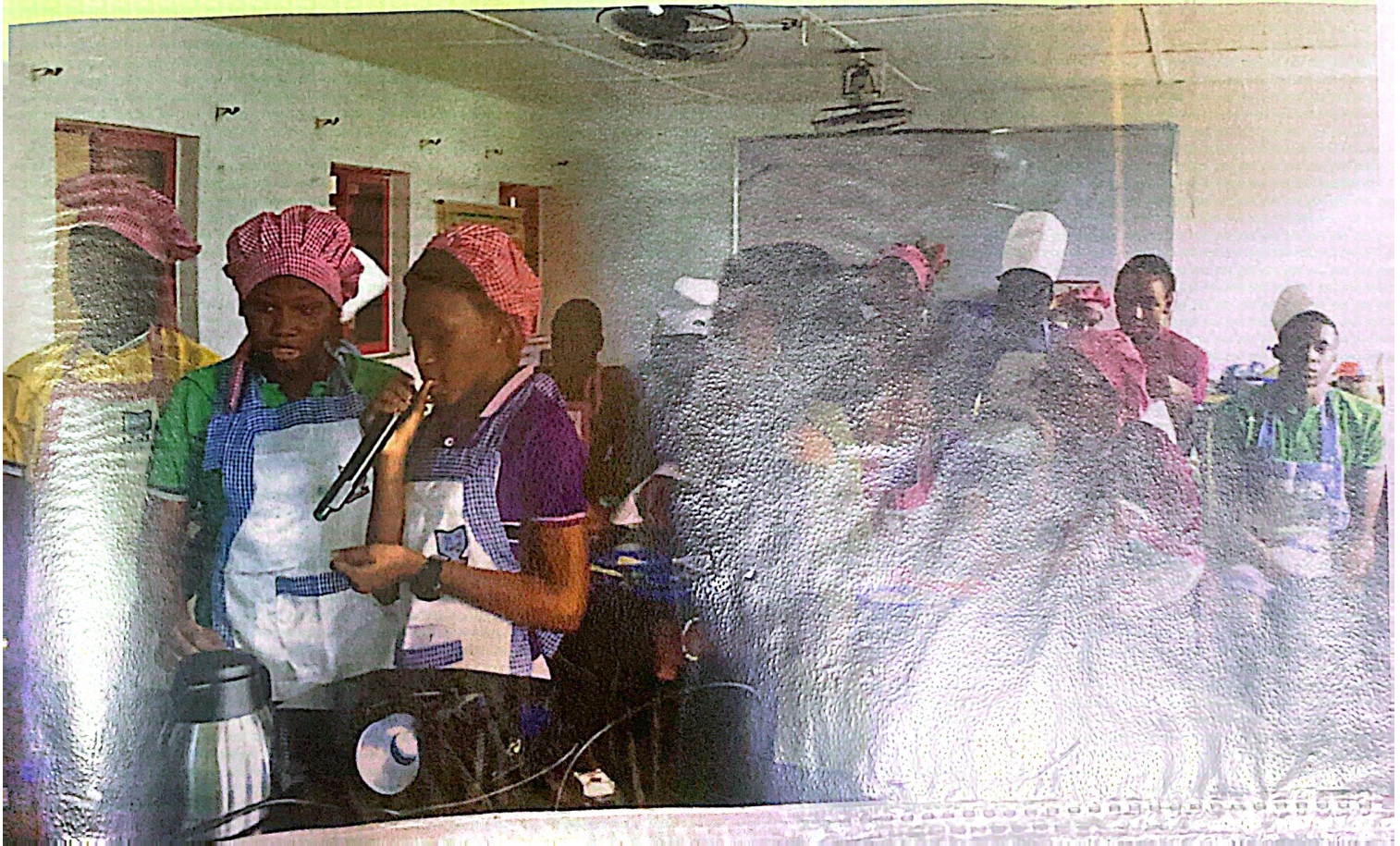
**RESOURCE PERSON SHOWING STUDENTS  
HOW TO MAKE CHINESE FOOD**



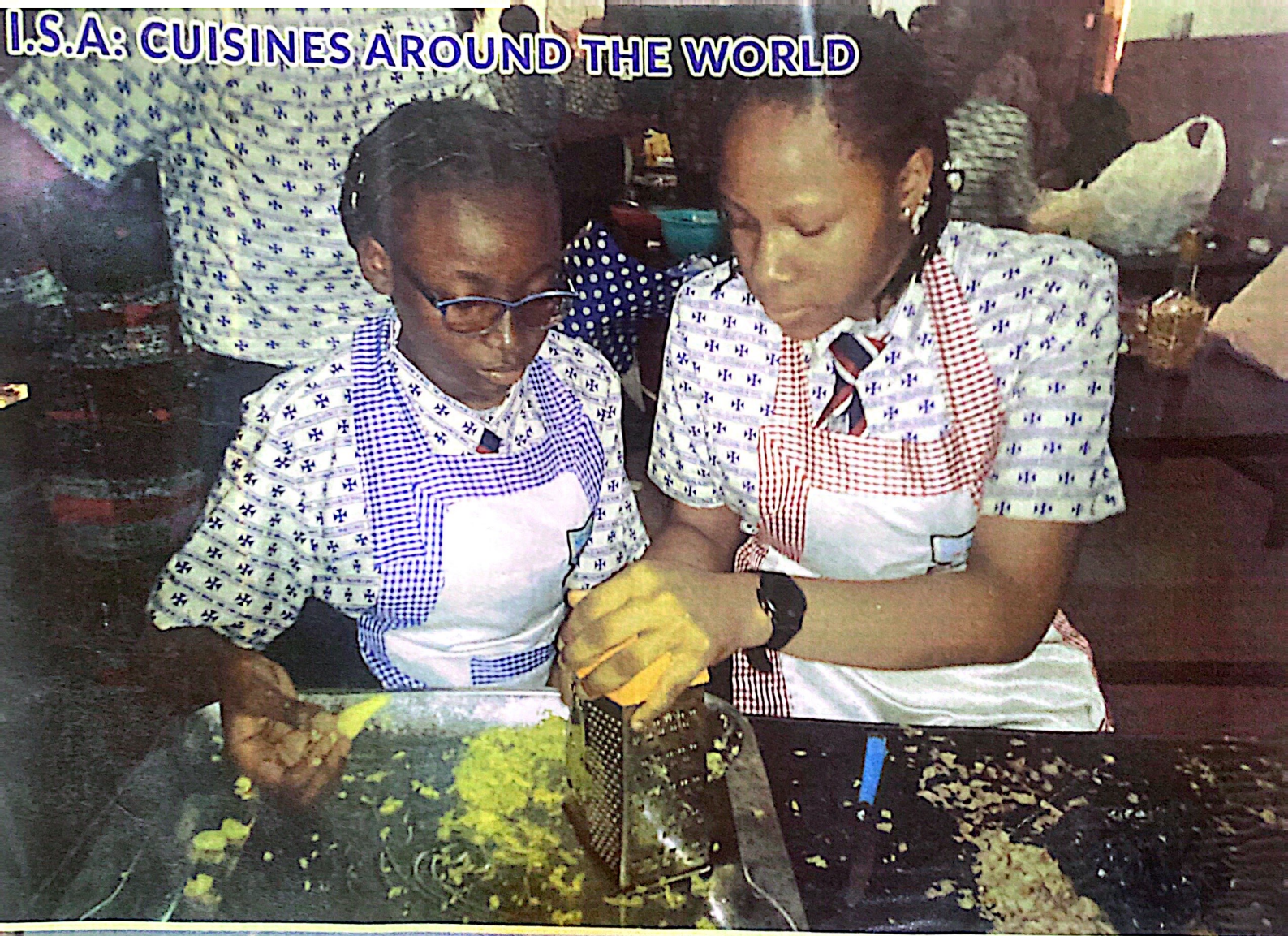
# I.S.A: CUISINES AROUND THE WORLD



**ZOOM VIDEO INTERACTION BETWEEN PODAR SCHOOL, INDIA AND THE AMBASSADORS COLLEGE.**



# **U.S.A: CUISINES AROUND THE WORLD**



**STUDENTS PREPARING FOOD FOR  
WORLD FOOD DAY**

# I.S.A: CUISINES AROUND THE WORLD



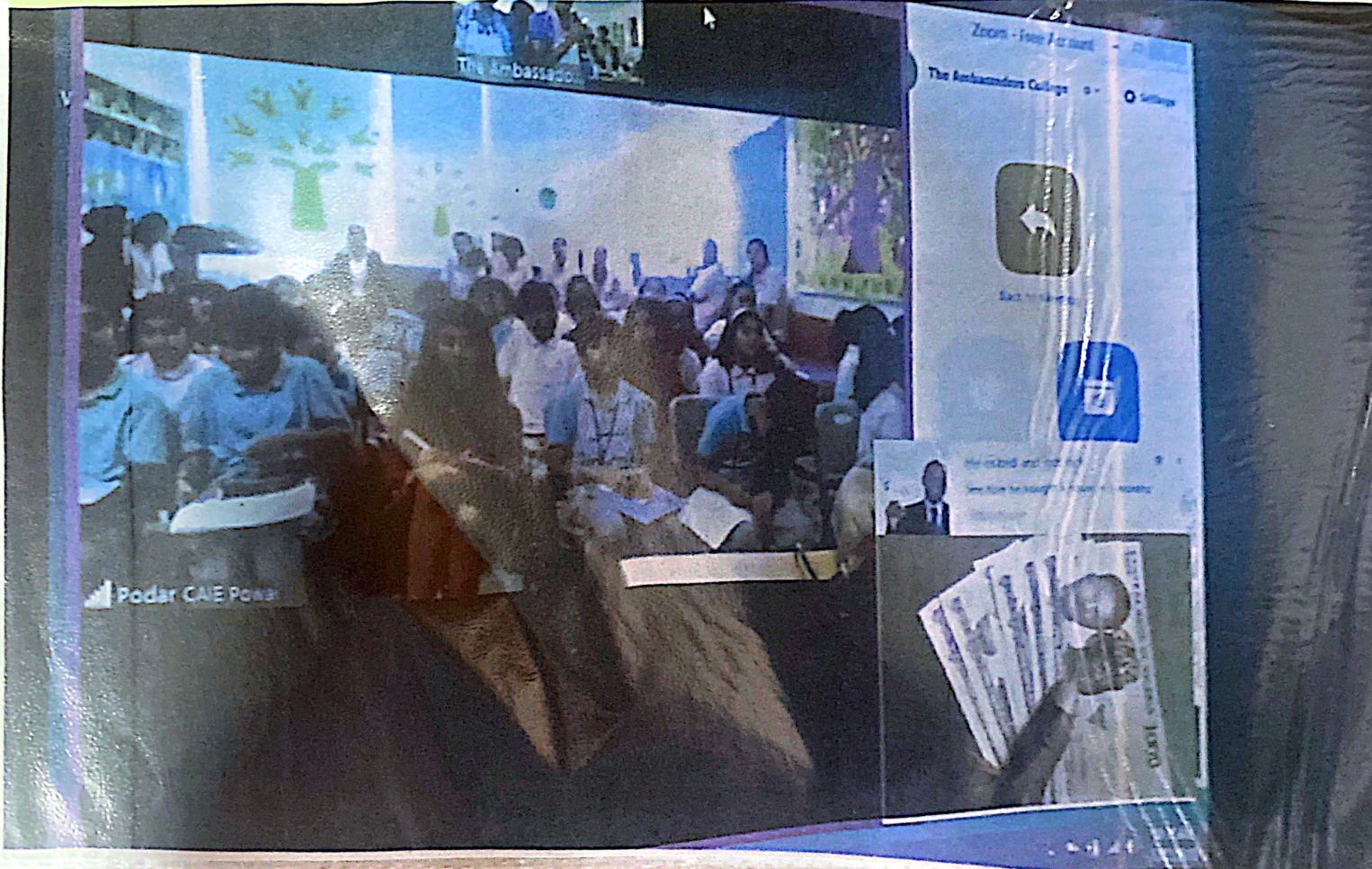
**INVITED GUESTS ENJOYING CUISINES FROM DIFFERENT PART OF THE WORLD ON WORLD FOOD DAY**



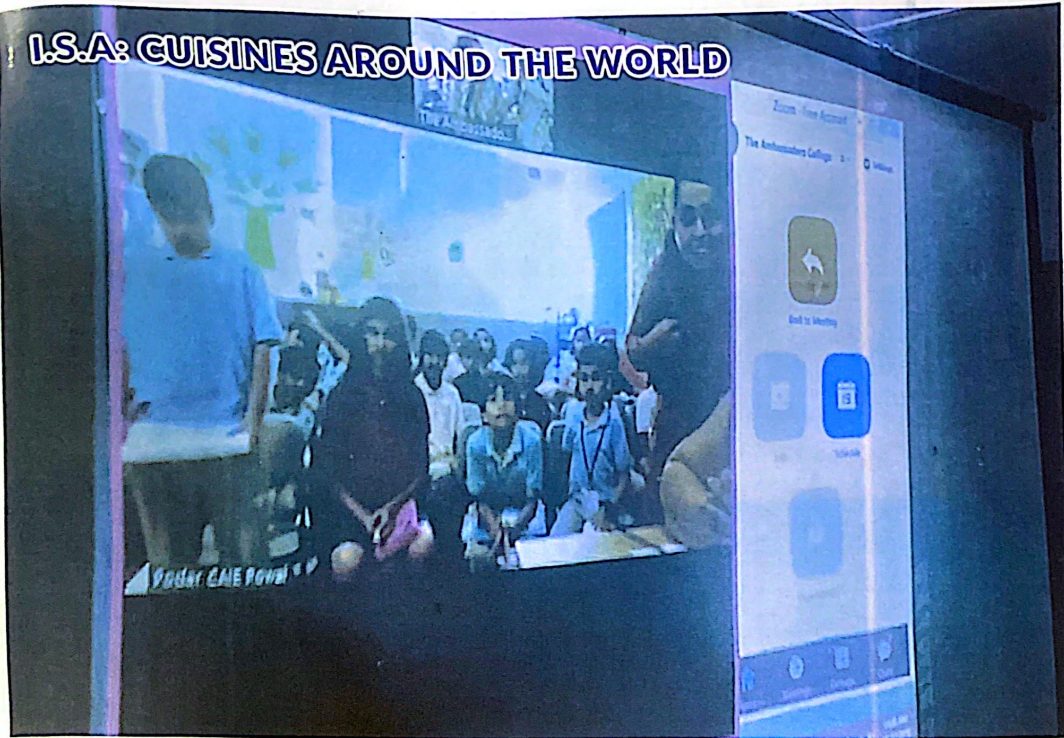
# I.S.A: CUISINES AROUND THE WORLD



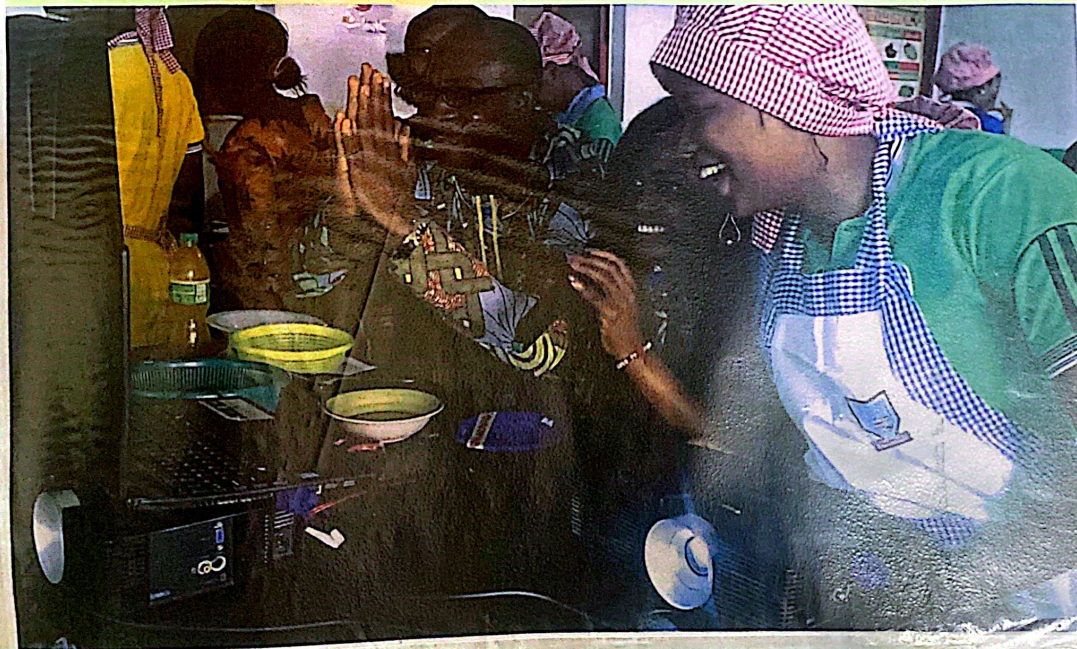
## ZOOM VIDEO INTERACTION BETWEEN PODAR SCHOOL, INDIA AND THE AMBASSADORS COLLEGE



**I.S.A: CUISINES AROUND THE WORLD**



**THE PRINCIPAL OF THE AMBASSADORS SCHOOL EXCHANGING GREETINGS WITH PARTNER SCHOOL IN INDIAN TRADITION**



# **U.S.A: CUISINES AROUND THE WORLD**



**PARTNER SCHOOL (PODAR SCHOOL, INDIA) TEACHING THE AMBASSADORS SCHOOL ON INDIAN RECIPES**







**CUISINES AROUND THE WORLD EXHIBITION  
ON WORLD FOOD DAY**





# S.A: CUISINES AROUND THE WORLD



## CUISINES AROUND THE WORLD EXHIBITION ON WORLD FOOD DAY



# I.S.A: CUISINES AROUND THE WORLD



**STUDENTS DRESSED IN DIFFERENT ATTIRES (INDIA, CHINA AND NIGERIA) ON WORLD FOOD DAY**



**I.S.A: CUISINES AROUND THE WORLD EXHIBITION**



**INVITED GUESTS AND OBSERVERS WERE TAUGHT TO EAT WITH CHOPSTICKS**



# I.S.A: CUISINES AROUND THE WORLD EXHIBITION



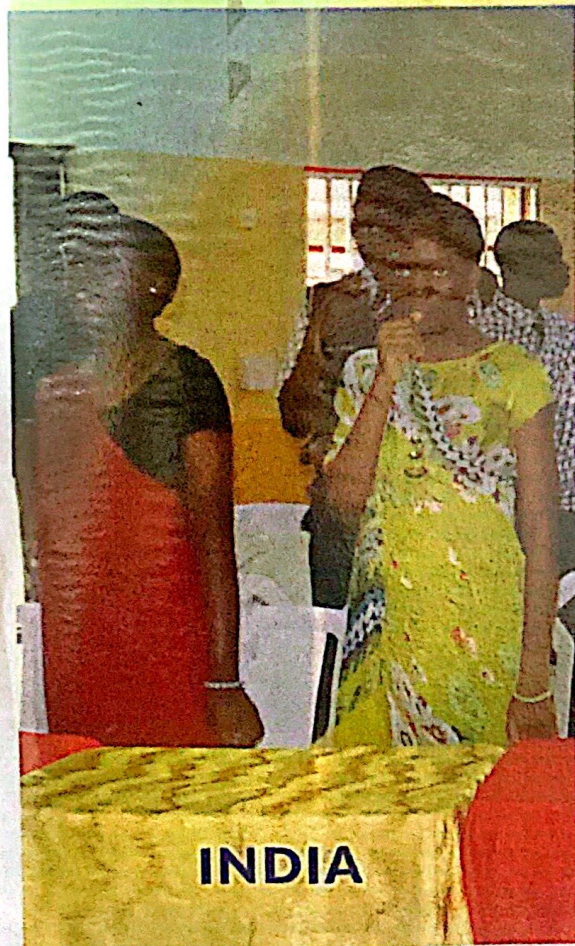
**INVITED GUESTS AND OBSERVERS WERE SERVED CUISINES FROM DIFFERENT PARTS OF THE WORLD**



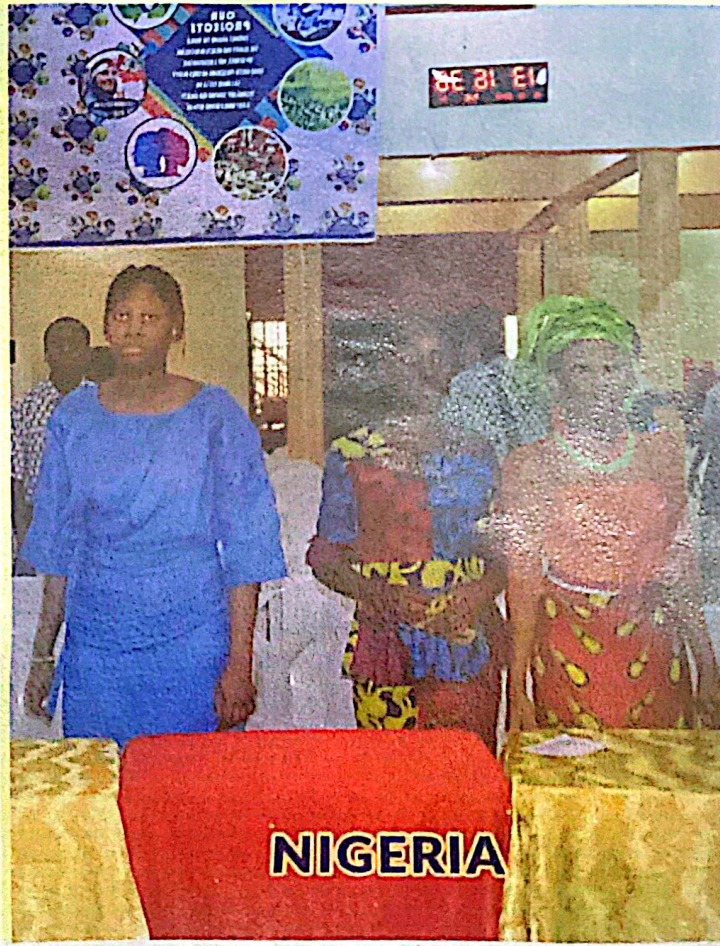
# I.S.A: CUISINES AROUND THE WORLD EXHIBITION



**EXHIBITION FEATURED DIFFERENT CULTURES AND CUISINES AROUND THE WORLD**



**INDIA**



**NIGERIA**



**CHINA**

I. **I.S.A: CUISINES AROUND THE WORLD**



**CUISINES AROUND THE WORLD EXHIBITION ON  
WORLD FOOD DAY**



# ISA PROJECT: "CUISINE AROUND THE WORLD"

DIFFERENCES BETWEEN NIGERIAN  
DISH (MOIN-MOIN) and INDIAN DISH  
(LADO)

<b>LADO</b> Ingredients:- Flour, Sugar, Milk	<b>MOIN-MOIN</b> Ingredients:- Beans, Pepper, Onions, Oil, Egg
<b>METHOD OF COOKING</b> Cold dish	<b>METHOD OF COOKING</b> Steamed dish
<b>TYPE OF FOOD</b> DESSERT	<b>TYPE OF FOOD</b> MAIN DISH
<b>FOOD CLASS</b> CARBOHYDRATE	<b>FOOD CLASS</b> PROTEIN

**STUDENTS DIFFERENTIATING BETWEEN  
NIGERIAN DISH AND INDIAN DISH**

## STUDENT EVALUATION OF INTERNATIONAL ACTIVITY

Name:	ILALDKHOIN VICTORY	Std:	
Title of activity:	CUSINES AROUND THE WORLD		

What have you enjoyed most about this activity? What did you like best?

My experience was wonderful due to the fact that we learnt the preparation of cuisines and personally, learning the usage of chop sticks was splendid.

What new ideas or information have you learned from this activity?

As a student, learning how to cook Chinese dishes, India dishes, Nigeria dishes was amazing. The fact that we actually did a video conference made it more realistic and inviting to other students. It enlighten me on some of their cultures.

What have you least enjoyed or found some difficulty with?

The difficulties were minimal, only the fact that the activities were intruding into our academic work.

Thank you for your time and comments.



## STUDENT EVALUATION OF INTERNATIONAL ACTIVITY

Name:	Ajala Oluwatomi	Std:	
Title of activity:	Cuisines around the world.		

What have you enjoyed most about this activity? What did you like best?

Due to the fact that i was exposed to an international dish i was highly elated. I loved the methods in which we cooked the food and the people i cooked it with.

What new ideas or information have you learned from this activity?

Learning how to cook dishes from different cultures was very interesting. Now i know how to identify a meal cooked by a particular culture.

What have you least enjoyed or found some difficulty with?

Sourcing for the ingredients was not an easy task.

# ISA Young Person Activity Evaluation Form

2

Activity number

To be completed by the International co-ordinator:

School name:	The Ambassadors College	LA/Board:	
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To be completed by a young person (at your school or in your local community if relevant):

Name:	Korawole Esther	Year group:	13-15 years
Title of activity:	Cuisines around the world	Date:	16/10/2018

What have you enjoyed most about this activity? What did you like best?

I enjoyed that the food <sup>around</sup> ~~was~~ ~~it~~ was nice. I

What new ideas or information have you learned from this activity?

The different foods of the Indians and Chinese. Their foods <sup>look</sup> taste nice.

What have you enjoyed least or encountered difficulty with?

What would you like to change if you did this activity again?

Thank you for your time and comments.

# ISA Young Person Activity Evaluation Form

2

Activity number

To be completed by the International co-ordinator:

School name:	The Ambassadors College	LA/Board:	
--------------	-------------------------	-----------	--

To be completed by a young person (at your school or in your local community if relevant):

Name:	OGUNTUASE OYINDAMOLA	Year group:	13-15 years
Title of activity:	Cuisin around the world	Date:	16/10/2018

What have you enjoyed most about this activity? What did you like best?

I like the fact that every one was allowed and given opportunity to participate in the activity.

What new ideas or information have you learned from this activity?

I have learnt how to cook other country's food like India and China

What have you enjoyed least or encountered difficulty with?

I don't have

What would you like to change if you did this activity again?

I would like to ~~to~~ change the quantity of food cooked because the food didn't go round.

Thank you for your time and comments.

# ISA Young Person Activity Evaluation Form

02

Activity number

To be completed by the International co-ordinator:

School name:	The Ambassadors College	LA/Board:	
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To be completed by a young person (at your school or in your local community if relevant):

Name:	Imanodon Pruce Ehimae	Year group:	13-15 years
Title of activity:	Cuisine around the world.	Date:	16/10/2018

What have you enjoyed most about this activity? What did you like best?

The food prepared in some other activity, this was a perfect day

What new ideas or information have you learned from this activity?

I have learned some information about food from other place their culture name and ways of preparing other dishes.

What have you enjoyed least or encountered difficulty with?

Nothing exactly

What would you like to change if you did this activity again?

Food sufficiently. Apart from that <sup>everything</sup> ~~nothing~~ else went perfectly well and nothing else that I will want to change.

Thank you for your time and comments.

# ISA Young Person Activity Evaluation Form

2

Activity number

To be completed by the International co-ordinator:

School name: <u>The Ambassadors College</u>	LA/Board:
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To be completed by a young person (at your school or in your local community if relevant):

Name: <u>Abisola Opeoluwa</u>	Year group: <u>13-15 years</u>
Title of activity: <u>Cuisines around the world</u>	Date: <u>16-10-2015</u>

What have you enjoyed most about this activity? What did you like best?

The presentations of different cuisines

What new ideas or information have you learned from this activity?

How to make Chinese food

What have you enjoyed least or encountered difficulty with?

Everything was wonderful

What would you like to change if you did this activity again?

Nothing

Thank you for your time and comments.

# ISA Young Person Activity Evaluation Form

2

Activity number

To be completed by the International co-ordinator:

School name:	The Ambassadors Girls	LA/Board:	
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To be completed by a young person (at your school or in your local community if relevant):

Name:	Nnaji Praise Chukwuraemeka.	Year group:	13-15 Years
Title of activity:	Cuisines around the world.	Date:	16/10/2018.

What have you enjoyed most about this activity? What did you like best?

I enjoyed the different cuisines around the world.  
I like both the chinese and Indian cuisines.

What new ideas or information have you learned from this activity?

I learned that people should appreciate the culture (food) of other people.

What have you enjoyed least or encountered difficulty with?

I don't have.

What would you like to change if you did this activity again?

Well, I would like to change the country food to something like that of france.

Thank you for your time and comments.

# ISA Young Person Activity Evaluation Form

2

Activity number

To be completed by the International co-ordinator:

School name:	The Ambassador School
--------------	-----------------------

To be completed by a young person (at your school or in your local community if relevant):

Name:	Olagunju Abigail	Year group:	13-15 years
Title of activity:	Cuisines around the world	Date:	16/10/2018

What have you enjoyed most about this activity? What did you like best?

I enjoyed what I enjoyed most about the activity was learning about the preparation of different country's food. What I like best is the food.

What new ideas or information have you learned from this activity?

Well, I was able to <sup>learn how to</sup> prepare the food of another country.

What have you enjoyed least or encountered difficulty with?

What made me encounter difficulties was that I ~~was~~ it was not everybody that took part in the preparation of the food.

What would you like to change if you did this activity again?

~~I would like to change~~  
If we did the activity again I would like it if we all take part in the cooking of the food.

Thank you for your time and comments.

# ISA Teacher Activity Evaluation Form

2

Activity number

To be completed by the International co-ordinator:

School name:	The Ambassadors College	Board:	
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To be completed by a teacher:

Name:	JOSEPH, Emmanuel	Year group of child:	
Title of activity:	CUISINE AROUND THE WORLD	Date:	

What impact has this activity had on the pupils involved (at your school or in your local community)?

They have learnt how to prepare international cuisine.

Comment on the impact this activity has had on you and any other staff involved (at your school or other schools).

For the first time in my life, I celebrated world food day. Ate the India cuisine and it tasted nice.

Comment on the impact this activity has had on the school generally.

It has made us become a part of the the Global Community

Please make any suggestions for improvement (e.g. What was the most effective part of this activity for you and why? What was the least effective and why?)

The most effective part was me watching the student from the other continent make our delicacy and they liked it -

Any other comments?

None

Thank you for your time and comments.

1/1 ISA Teacher Evaluation

*[Signature]*



# ISA Teacher Activity Evaluation Form

2

Activity number

To be completed by the International co-ordinator:

School name:	The Ambassadors College	LA/Board:	
--------------	-------------------------	-----------	--

To be completed by a teacher:

Name:	Miss Bunmi Olayemi	Year group of child:	13-15 years
Title of activity:	Cuisines Around the World	Date:	16/10/2018

What impact has this activity had on the pupils involved (at your school or in your local community)?

The students were able to learn various international dishes, especially Chinese and Indian dishes. The activity also taught them the usefulness of collaboration, using technology as a means of communication. Eating the Chinese cuisine with chop sticks was an experience they will never forget.

Comment on the impact this activity has had on you and any other staff involved (at your school or other schools).

This activity taught me how to connect with people around, in order to get the best in what I do. I never knew any Indian dish until this activity came up and now I can make three Indian dishes especially Laddoo. The whole programme in itself taught me to be global on all my activities. Lastly, it taught me how culture can be expressed in dishes.

Comment on the impact this activity has had on the school generally.

The school was excited seeing a portion of the students learning something new. Everyone in school just wanted to learn more about cuisines around the world because of the art or creativity involved in the preparation of the different dishes.

Please make any suggestions for improvement (e.g. What was the most effective part of this activity for you and why? What was the least effective and why?)

The most effective was the cooking or preparation of these meals. Since the students were excited about cooking international dishes, they were all willing to cook and even decorate the dishes. Since the level of participation was high, the outcome was also excellent.

Any other comments?

The activity came out perfectly well just the way it was planned.  
ISA is a programme I look forward doing again.

Thank you for your time and comments.

# ISA Parent/ Guardian Activity Evaluation Form

2

Activity number

To be completed by the International co-ordinator:

School name:	The Ambassadors college	LA/Board:	
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To be completed by a parent or guardian:

Name:	Mrs Onade	Year group of your child:	
Title of activity:	Cuisines Around the World	Date:	16/10/2018.

Please comment on the impact this activity has had on your child and in your local community.

My son can now use chop stick which he doesn't know how to use before and learnt how to prepare some foreign dishes.

If you have been directly involved in this activity what impact did it have on you?

As an individual before coming for the programme there are some foreign foods have not tasted or seen before but on the world food day I tasted the food and <sup>would</sup> love to eat them again.

How could we improve this activity next time?

I think next time the project should not be limited to a particular age range or class but rather everyone students should be carried along and expose to the activity.

Any other comments?

No.

Thank you for your time and comments.

# ISA Parent/ Guardian Activity Evaluation Form

02

Activity number

To be completed by the International co-ordinator:

School name:	THE AMBASSADORS COLLEGE DM	LA/Board:	
--------------	----------------------------	-----------	--

To be completed by a parent or guardian:

Name:	OLAITAN IGIE (MRS)	Year group of your child:	12-13
Title of activity:	CUISINES AROUND THE WORLD	Date:	16/10/2018

Please comment on the impact this activity has had on your child and in your local community.

The activity improved my child's sense of belonging, increasing her confidence. It made her more responsible to delegations. She is now more exposed to culture and values of other places in the world readily willing to embrace and mingle with children from other parts of the world.

If you have been directly involved in this activity what impact did it have on you?

I was exposed to <sup>new</sup> food and culinary skills, now more willing to explore new world!

How could we improve this activity next time?

The dishes can be made available for all the students.

Any other comments?

No

Thank you for your time and comments.

# ISA Parent/ Guardian Activity Evaluation Form

2

Activity number

To be completed by the International co-ordinator:

School name:	The Ambassadors College	LA/Board:	
--------------	-------------------------	-----------	--

To be completed by a parent or guardian:

Name:	Mrs Okafor Grace	Year group of your child:	13-15 years
Title of activity:	cuisines around the world	Date:	16/10/2018

Please comment on the impact this activity has had on your child and in your local community.

My daughter learnt how to prepare various international meals and recipe use in preparing the meal. She was so excited to communicate with students from an international school in India during the course of preparing a particular foreign food.

If you have been directly involved in this activity what impact did it have on you?

I was available on the food exhibition show that took place on the World Food Day on the 16th of October 2018. I saw the various foreign food that were prepared by the students and I also learnt from there how some of foods were prepared.

How could we improve this activity next time?

I think the school should prepare more of the international dishes because I love what the India food that was served to me and felt like talking more.

Any other comments?

Thank you for your time and comments.

# ISA Parent/ Guardian Activity Evaluation Form



Activity number

To be completed by the International co-ordinator:

School name:	The Ambassador College LA/Board:
--------------	----------------------------------

To be completed by a parent or guardian:

Name:	Osma Juliet	Year group of your child:	
Title of activity:	The Beauty and Health of Recycling	Date:	

Please comment on the impact this activity has had on your child and in your local community.

It has really helped in terms of, getting things like bottles, corks etc to be made into something unique, for instance, old disposable <sup>plastic</sup> cups can be turned into <sup>or combined</sup> together to make a <sup>cube form</sup> Christmas <sup>not home</sup> lights by placing it <sup>in</sup> for decoration.

If you have been directly involved in this activity what impact did it have on you?

I wasn't involved directly, I only watched while the students were carrying out the activity.

How could we improve this activity next time?

This activity can be improved by carrying out more research, and also allow every student to participate because there was a case during ~~one~~ of the activities, where some students felt left out because they were not doing anything.

Any other comments?

Keep up the nice work.

Thank you for your time and comments.

# ISA Visitor Activity Evaluation Form

Activity number 2

To be completed by the International co-ordinator:

School name:	The Ambassadors School, Ota.	LA/Board:	
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To be completed by the visitor:

Name:	MR OLADIMEJI	Year group of young people:	13 - 15 YRS
Title of activity:	Cuisines Around the World	Date:	16/10/2018

Please comment on the impact this activity has had on the pupils involved.

The pupils were happy to be involved in preparing food from other parts of the world aside their local dishes and they are eager to continue the exercise.

Please comment on the impact this activity has had on you.

It gave me the opportunity to taste dishes from other parts of the world.

Please comment on the impact this activity has had on the school generally.

It shows that students from the school can adapt to dishes from other parts of the world when they want to continue their studies outside the country.

If you have any suggestions for how to improve this activity, please comment here.

The age range should be made to accommodate more students.

Any other comments?

Thank you for your time and comments.

# ISA Visitor Activity Evaluation Form

2

Activity number

To be completed by the International co-ordinator:

School name:	The Ambassador College	LA/Board:	
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To be completed by the visitor:

Name:	Mrs Oladimeji Olajinka	Year group of young people:	12-13 years
Title of activity:	Cuisines around the world	Date:	16-10-2018

Please comment on the impact this activity has had on the pupils involved.

The activity exposed students to different cuisines around the world

Please comment on the impact this activity has had on you.

It has taught me how to differentiate between dishes of different countries.

Please comment on the impact this activity has had on the school generally.

It has made the school to have an international or global image.

If you have any suggestions for how to improve this activity, please comment here.

The dishes should not be limited to Asian dishes but should cut across other continents like Africa, Europe etc.

Any other comments?

nil

Thank you for your time and comments.

STUDENT'S REPORT

Activity Title:

Cuisines around the world

Activity No:

2

Date:

16/10/2018

Student's Name:

Umekoli Somtochukwu.

Class: SS1

CHINAWorld Food Day.

In china there are different kinds of foods but the food the school chose for us to prepare is the beef and soy sauce, chilli sauce with rice, noodles and cold dish.

In preparation of the Beef and soy sauce, there are some ingredients needed for example green pepper, onion, garlic, ginger, shredded beef, soy sauce, groundnut and so on.

Firstly, we poured two caps of oil in a pot then wait for some minutes for it to get hot then we pour the vegetables, stir for about two minutes.

Secondly, pour two caps of oil into the pot then pour the shredded beef which had already been boiled, then fry for about 5-7 minutes then add the diced vegetables and soy sauce after about two minutes we pack it into a plate, ready to be served.

Also for the preparation of chilli sauce, the ingredients needed are groundnut, oil, pepper, garlic, onion, ginger, shredded beef, sesame seed.

To start the process we started by pouring oil a large amount of oil inside a pot then wait for the oil to get hot then add shredded beef, after you leave to cook for about ten minutes while stirring. Then after you pour your blended pepper. You also leave to cook while stirring. After a while you add your ginger, garlic, sesame seed and



then pour the pounded groundnut. Then cook for about 10 minutes.

In China we have the Singapore noodles which is mostly eaten by the Chinese. It is prepared for about 11 minutes. You boil water for about ten minutes then you pour your noodles inside the boiling water then remove after a minute and pour in cold water then slice it.

In addition, to prepare the rice. However because there are no available Chinese rice we used the perfumed rice. It is called perfumed rice because of its smell. To prepare this it depends on our preference, <sup>pour</sup> your rice inside a pot water then after add your onion. Spring onion then cook for about thirty minutes.

Finally after the preparation of the cold dish, it mostly consist of sea foods which includes shrimps, squid etc then you add your cream.

In conclusion after all this have been prepared we carried the cooked food to the venue.

INTERNATIONAL  
SCHOOL AWARDOBSERVER'S REPORT

Activity Title: CUISINES AROUND THE WORLD

Activity No: 2

Date:

Observer's Name: Mrs V. O Osewa

Class:

The cuisines project was an avenue to expose our students to the food and culture of different countries: India, China and Nigeria. I had the privilege of tasting food from these countries. I specifically enjoyed trying out the use of chopsticks in eating just as the Chinese do.

Students were excited to be involved in the preparation of different dishes displayed during the World Food Day, and the school community has become aware of the importance of marking such days in line with the United Nations SDGs. Our partnership with Podar School India also afforded our students opportunity for virtual learning. It was an exciting experience.

# INTERNATIONAL SCHOOL AWARD

## OBSERVER'S REPORT

Activity Title: Cuisines Around the World.  
Activity No: 2 Date: 16/10/19  
Observer's Name: Mrs Eniola Oluwatopi Class

The project was a nice one and it enabled the students to know more about national cuisines and how most of these cuisines are prepared. I was privileged to taste the food and even ~~at~~ some international dishes which I had not had before. The use of chop sticks was not what I am used to but I learned how to use chop sticks which I am so excited about.